



**EXPERIMENTAL AND  
INDUSTRIAL BIOMEDICINE**

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## DICTIONARY

**Campus US** *noun*: The campus at the hospital. You will spend many hours here.

**Campus Valla** *noun*: Campus where you can find students of the Technical and Philosophical Faculty.

**Eftersläpp** *noun*: After party.

**Ettan** *noun*: When you have passed the Nolle-P you will upgrade from Nollan to Ettan.

This is an appellation showing that you are a first term student.

**Fadder** *noun*: Peer-student. *plural*: Faddrar, Faddrarna. More experienced students who will take care of you during your first time at LiU. Your Faddrar will be wearing a green ovve, so they're easy to find.

**Festeri** *noun*: A special party committee here at LiU. They organize all of the nice parties you can attend at Kårallen or KK.

**Fika** *noun*: A delicious Swedish thing where we have coffee, tea or lemonade and cookies or cake. Fantastic, right?

**Flamman** *noun*: Nightclub run by students. Also, an area where many students live.

**Gammelfadder** *noun*: A previous peer-student.

**Gückel** *noun*: A song with re-written lyrics.

**Gückla** *verb*: The act of performing a gückel.

**KK** *noun*: Kårhuset Kollektivet. A place in the city center where you can study during the day and party during the night. Don't worry, you will visit this place during Nolle-P.

**Korridor** *noun*: Dorm-room. *abbreviation*: Korre.

**Kravall** *noun*: A party where everyone wears their ovve. They are usually held at Kårallen (see Kårallen) and the word is a compound of the two words Krav, meaning requirement, and overall. *Plural*: Kravaller.

**Kårallen** *noun*: Large boat-shaped house at Campus Valla where kravaller are usually held. It is also possible that you will have to take an exam here. The cheapest coffee of campus is served in the basement. A house of many secrets.

**Linkan** *noun*: abbreviation for Linköping.

**MedBi** *abbreviation*: Medical Biology. This is what your new program (Experimental and Industrial Biomedicine) was called before. You will still hear MedBi during your time at LiU.

**Nollan** *noun*: The Zero. Word used to describe the new students at LiU.

**Nolle-P** *noun*: Abbreviation for Nolle-period. Orientation week or Fresher's week. The first two weeks of your time here at LiU.

**Nolle-sign** *noun*: A sign that lets everyone know you are a Nollan. Instructions on how to make your Nolle-sign can be found further back in this handbook.

**Ovve** *noun*: abbreviation of overall. Comfortable and a bit disgusting clothing that students here at LiU wear to parties and other gatherings. At the Technical Faculty, they wear overalls while at the Medical Faculty we have dungarees/bib overalls. For our program the ovve is a nice olive-green colour.

**Sittning** *noun*: Special student dinner. Can be a formal or non-formal dinner.

## CHECKLIST

Attention Nollan! For the first day, you need to know the following:

- We're meeting up at DOMKYRKAN at 13.00, see Map.
- You need your Nolle-skylt (very important!).
- Make sure you've got somewhere to sleep. If not, scroll down and phone a Fadder-On-Call. We don't want any Nollan to be homeless!
- We recommend you bring a bike on the first day. If you haven't got one, Faddrarna promise to hold your hand.
- Check the weather and dress accordingly.

If you have any questions, contact the Faddrar-On-Call. They're happy to help. (See 'Faddrar On-Call'.)

## FADDRARNA BID YOU WELCOME!

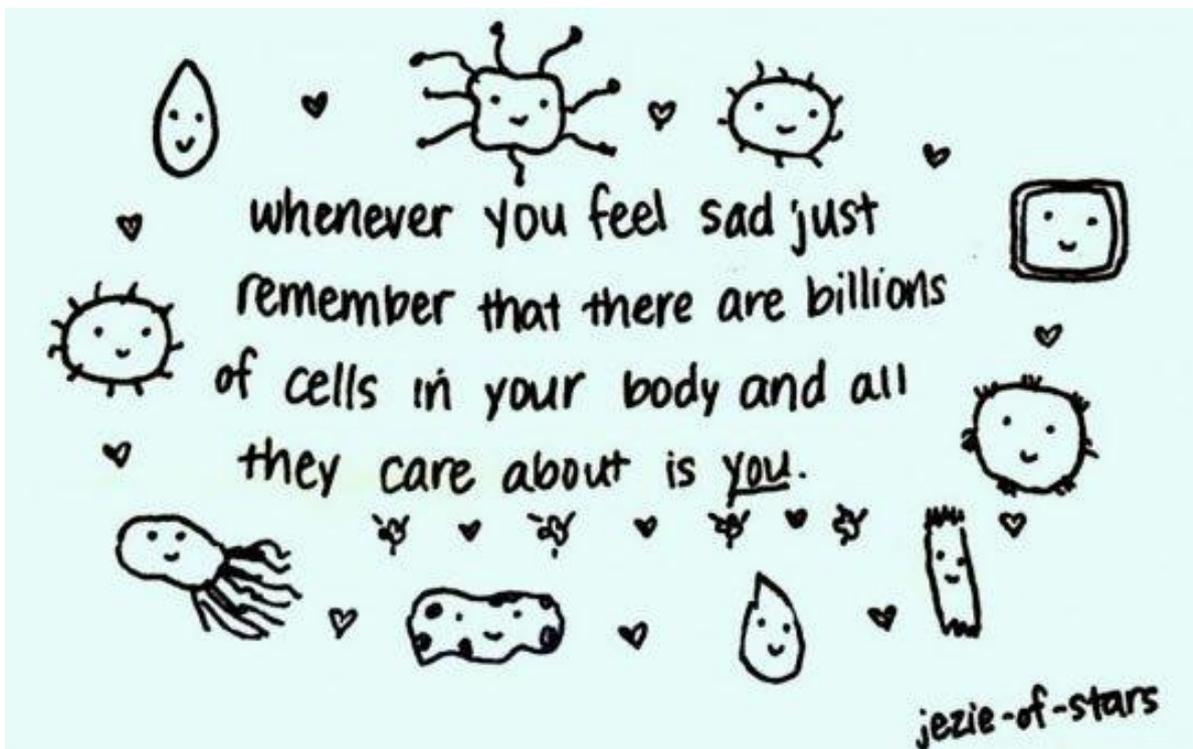
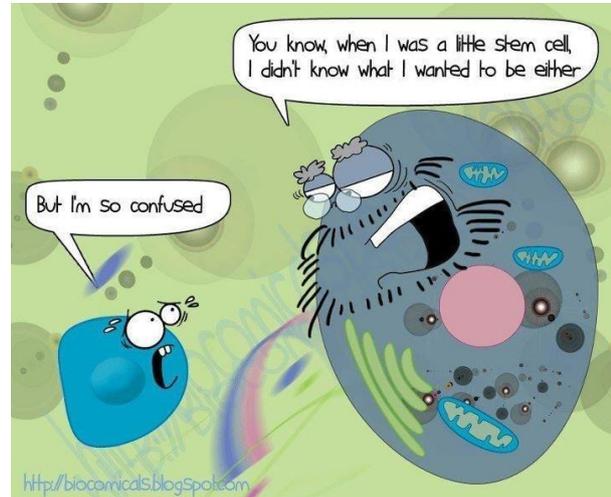
Congratulations Nollan! You have successfully gained admission to one of Sweden's foremost programs,

*Experimental and Industrial Biomedicine* at Linköping University. Well done, Nollan! But although we Faddrar are highly intelligent and sophisticated, we understand your situation. We've been in your shoes. (Well not literally, thank goodness.) We know it's scary at first. But don't worry! We're here. Our job is to calm you down, to help you with all your problems and to show you what an amazing program this is. We're here to keep you company 24/7, so you never get lonely. We're also here to ensure you get home every night. No getting lost in Linkan! We know that you lack the knowledge and sophistication that we possess. But we will happily share with you all that we know – and more. You just have to ask. You'll meet us for the first time on the first day. Lucky you!

Nolle-P is the test that you all have to take, before you are accepted as full BioMeders. It's a two-week introduction to student life in Linköping. After you have survived Nolle-P you climb up one step – you become an Ettan! During your first two weeks you'll get acquainted with the other Nollan, with student life, the great city of Linkan and yourself. To do this successfully, you will have to sing, play, party and go to sittningar (banquets). We want to point out that Nolle-P at BioMed cannot be compared with the humiliation rites that often kick off the start of

secondary school here in Sweden. Everything that happens at Nolle-P is voluntary, and if you feel humiliated you should contact the closest Fadder. You'll recognize them in their cute green ovve. And you'll recognize other Nollan by their Nolle-sign.

At Nolle-P, alcohol will be consumed in various amounts. Drinking booze is also completely up to you, and if you're not interested in having a headache the following day, no one is going to judge you. You'll have a marvellous time anyway. There are always sober-Faddrar to watch over the herd, so there's no need to worry. For some activities at Nolle-P, such as sittningar, there will be a small charge, so bring your purse or wallet. And if you have nowhere to sleep during the first few weeks, there are always Faddrar who have room for you on their sofa. Call a Fadder-On-Call and they'll help you out.

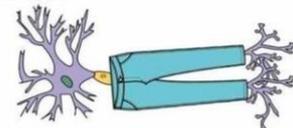


We understand that Nollan is nervous. We were once Nollan and know how many things that are going around in your head right now. On the first day of Nolle-P you will meet all of your new classmates and friends. Just to make sure you have something to talk about to get to know your new classmates, we have put together some ice-breakers for you.

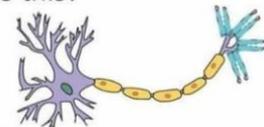
- Which organelle is your favorite in the eukaryotic cell?
- Who's your favorite scientist? Dead or alive!
- If you were a cell, which one would you be?
- If you could create a holiday, what would you create?
- If all your clothes had to be one color forever, how did you decide on it being olive green?
- If you could pick a TV show to be your life, what show would it be?
- If you created your own country, what would it be called?
- If you had to use a fake name, what fake name would you make up?
- If you could turn the ocean into a liquid other than water, which one would you pick?
- Which celebrity would you pick to exchange lives with?
- If they made a movie about your life what genre would it be and which actor would you like to play you in it?
- If you could pick a new skill in an instant, what would it be?
- If you were an ice cream flavor, which one would you be?
- Are you a morning or a night person?
- What is your favorite quote?
- If there's an exception to every rule, is there an exception to that rule?
- Would you rather see the future or change the past?
- Have you been told you look like someone famous?
- If you had the body of a human, but the head of an animal, what animal would you pick?
- How far east can you go before heading west?
- Would you rather make headlines for saving somebody's life or for winning the Nobel Prize?
- What show on Netflix did you binge watch embarrassingly fast?
- Which Disney character's story does your life most resemble?
- What is the craziest thing on your bucketlist?
- What fictional world or place would you like to visit?
- How much does a polar bear weigh?

If a neuron wore pants,  
would it wear them

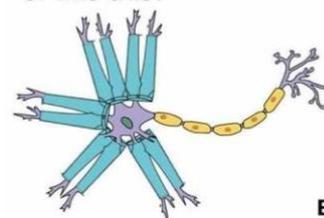
Like this



like this?



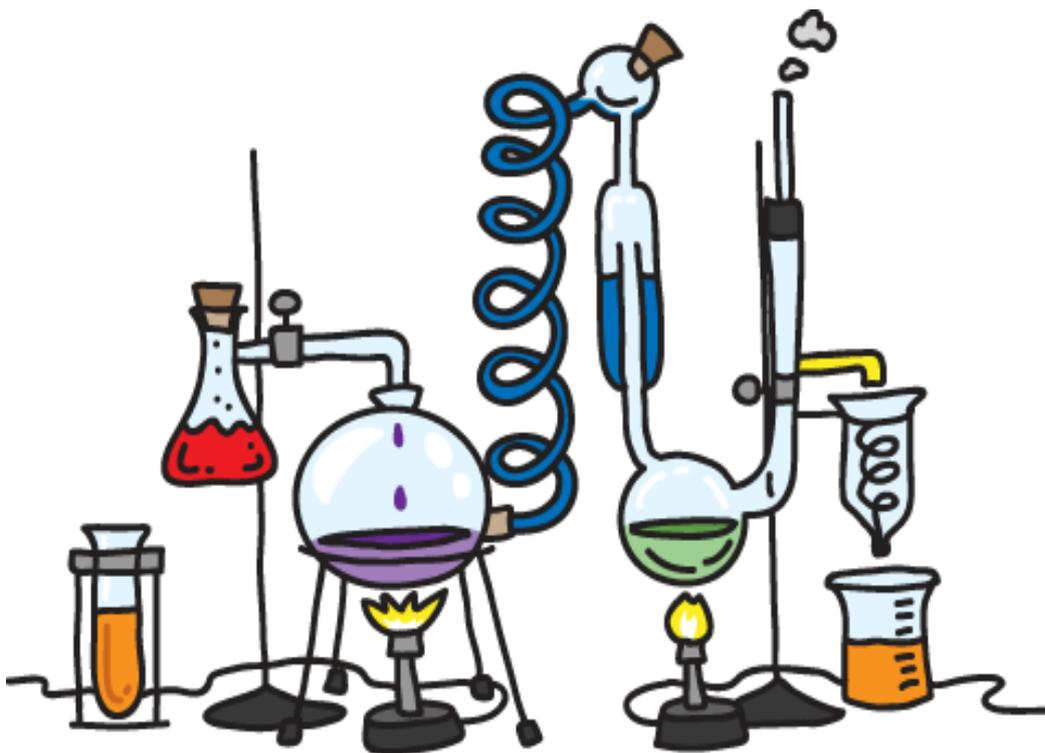
or like this?



EMFL

## DEFINITION OF EXPERIMENTAL AND INDUSTRIAL BIOMEDICINE

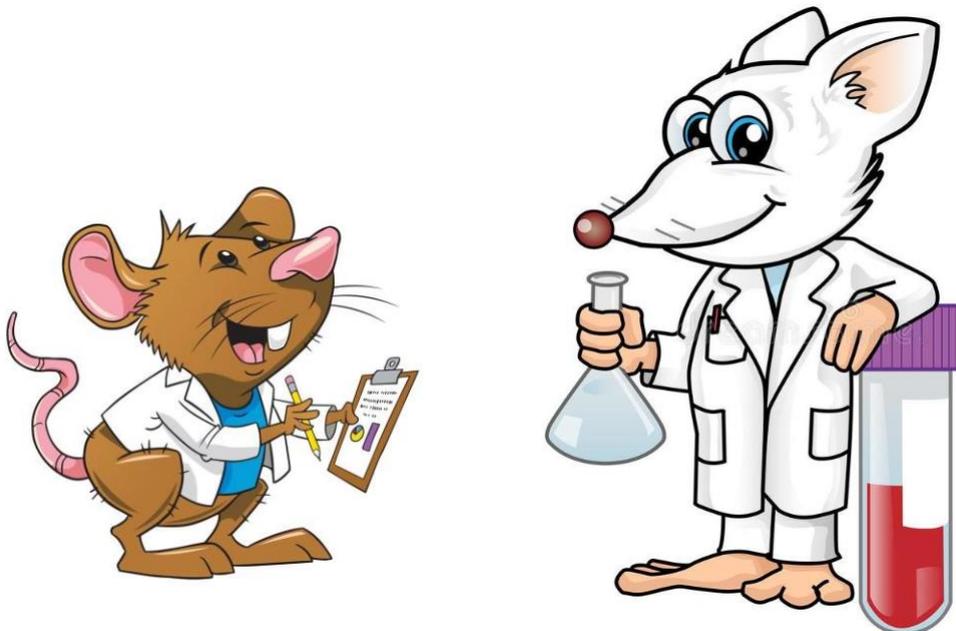
If your friends wonder what you're actually going to be doing for the next three years, you can say: A research-based program that imparts in-depth knowledge of everything from the smallest cell to organ systems and the entire body. It also deals with how various foreign and external substances affect different parts of the body. The program is often focused on human systems, but the life processes of various model animals and plants are also studied. Since the program also has a number of lab-based components, it's well suited for work in medical research, the development of new medicines or as a director of development at a medical laboratory. This is the official definition of Experimental and Industrial Biomedicine at Linköping University.



## A FEW WORDS TO YOUR MUMMY AND DADDY

Faddrarna will take good care of your little Nollan. They will help your little Nollan, and ensure that your little Nollan enjoys itself at Nolle-P. Perhaps you're worried that your baby's fine morals are in danger. Perhaps you've heard scary rumors about student life. But you need not worry, Faddrarna will raise your baby to be a full-fledged Biomedicine student!

Faddrarna will make sure Nollan has loads of fun at Nolle-P. Consequently, your Nollan will not have time to phone home during the first two weeks. Faddrarna promise to remind your Nollan to phone home. If your Nollan isn't well trained in the fine arts of cleaning, doing laundry and cooking, we suggest you reserve time to teaching him or her these things, as Faddrarna lack authorization to do this. You should ensure your offspring has a bicycle in working condition. This bicycle will be your Nollan's fine stallion in our beautiful city. Your Nollan should also have identification, money, a backpack and durable clothes. As well as fancy clothes, for the Nolle-P sittningar. It's important that your little Nollan doesn't forget these things at home. Most important of all is that you make sure your little Nollan has a nice Nolle-sign for the very first day of Nolle-P.



## Nowhere to stay?

Accommodation can seem like a huge problem at first, but it always sorts itself out. Hakuna Matata! If you have nowhere to stay, there's always a helpful Fadder who can let you use their sofa or mattress. Note however that it is strictly prohibited to, so to speak, 'share a bed' with a Fadder during Nolle-P. No flirting with Faddrarna until after the final sittning!

Lots of students live in apartments owned by Studentbostäder or Stångåstaden (see The Yellow Pages). With them you normally pay rent for 10 months a year and to stay with them you have to be a LiU student. About 50 percent of students have a 'regular' landlord. For a list of local landlords, see The Yellow Pages.

Many students choose to live in dorm-rooms or "korridor" as we call them in Sweden. You will have your own room with a bathroom, and you'll share a kitchen and a living room with 7 other students. The rent is about 3000 Swedish Crowns, depending on the location, and altogether the floor area of your room is about 20 square meters. Living in a dorm-room is social and fun. You have fika (see Dictionary) and if you wish, parties with your neighbours. There's usually someone in the kitchen you can watch TV or enjoy a meal with. A dorm-room is fairly easy to get a hold of, check out Studentbostäder in Linköping.

If you prefer your own kitchen, you can add about a thousand Swedish Crowns and get a one-bedroom place. Or if you don't want the dorm-room lifestyle but still like the idea of a kitchen and a living room, you can share an apartment. This is a pretty cheap option, sometimes even cheaper than a dormroom. Yaaassss!

If you're determined, you can definitely find somewhere to live initially, then if you like, you can move to something better. Lots of students advertise their vacant apartments at the LiU internet pinboard (see The Yellow Pages). You can also check the local rag Corren, (see The Yellow Pages)

If the housing jungle gets a bit too hard, you can always contact a Fadder.



## And Now.... How to get a place to stay in Linkan; case studies

Lucas

There is no definite way of acquiring good accommodation in a city full of students. But there are however good tips that can help you in elbowing your way through the sea of applicants. I am currently living in a beautiful 52 square meter apartment in Vasastaden, which I got by utilizing these tips. Important to note here is that I rent privately, so if your fine with a room in a corridor, this is not for you.

In your application, or letter, the following must be included: A nice picture of you, what you do, work experiences, your financial situation, description of your persona, references and eventual creditor and ambitions.

Do not put too much emphasis on your personality, the landlord is happy if you pay your rent and do not trash the place. And make it sound like you are coming to Linköping surfing a big wave of goal achieving momentum. You may not be the best candidate, but make sure that the landlord thinks that you are! Suggest a time to meet up. When meeting up, dress sharply and try to laugh a lot. Have a nice analogy prepared for eventual small talk. And no weird flexes. OK? Good sites are Blocket and various Facebook groups. Now go out there and find a nice place to hang your hat.

### Aysha

The way I found accommodation when I got accepted at Liu was rather different. I didn't know anyone in Linköping and had never been to the city before. Luckily, a friend of my family knew someone who had an apartment in Mjölby, a city close to Linköping, and was willing to rent it for a while. I moved there in August and commuted between the two cities by train (a 20 minutes ride to be specific). I continued to look for an apartment in Linköping as I wanted to live closer to uni and not be restricted by train times. 2 of my classmates were also searching for apartments and all three of us were fine with sharing one. We found a four-rooms apartment and moved in together. At first, we almost shared everything, then as time progressed we started separating things to fit with our different habits and routines. We set rules and agreed to be open with our thoughts and feelings. It was a good experience that taught me more about myself and how I work with other people. It turned out to be better than I expected.

### Dana

I got admitted to this program during the first admission-period, which made me very happy but it immediately also made me stressed because I needed to find somewhere to stay. I started to take contact with compounds rentals and signed up for the "Point-system" we have here in Sweden (each day you stand in line for a student apartment/apartment, you get one point).

I learned pretty fast that I wouldn't have a chance of getting a place to live that way, so I started looking for compound rentals with no line-system, and that is how I got my corridor-room through "Heimstaden", [www.heimstaden.se](http://www.heimstaden.se). There you can sign up, look for available rooms (usually 20m<sup>2</sup>) and apply for the rooms you are interested in. If you are the first one applying to the room, you are the one to get it. The area Heimstaden offers corridor-rooms is called "Ryd" here in Linköping and lies close to Campus Valla. You live in a corridor with around 6-8 people, sharing the same kitchen. You have your own bathroom in your apartment which includes a bed, table, chair and a bookshelf. The rent is around 3000-3400 kr and utilities such as electricity, hot water, heat is included. The laundry rooms have self-sufficient laundry machines so there is no need for you to buy detergents, all that is included.

Living in a so called "corre" have many pros. You learn how to be independent, but also communicate with your roommates on how to divide the labor in keeping the kitchen clean. You will also get many new friends, both Swedish and people from abroad living in the corridor, and many parties are held in

these corridors. Living in a corridor with roommates is something I truly recommend and do not regret doing.



## STUDENT UNION, SECTION AND FYLLECELLEN PARTY COMMITTEE

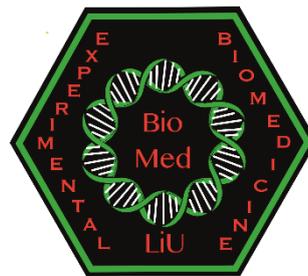
### Student union: Consensus

Consensus represents all students in MedFak (The Medical Faculty) programs. It monitors the programs' quality, work environment and labor market, in conjunction with the university management. You can get involved by representing your section, as a student union correspondent.



### Section: Experimental Biomedicine.

All Nollan are hereby informed that the Section for Experimental Biomedicine is an organization with no political affiliation and is run solely by the program's students. The section's board meets every three weeks, enjoying tasty fika and lively discussions about the program. The section also organizes inspirational evenings with speakers from various workplaces, and adrenalin-packed sports and fitness classes, free of charge only for our program. From the very start of the term, you can get involved in the section, being information manager for the program's first year. This involves sharing information between the class and the section, attending the section's meetings and enjoying the tasty fika that is served there.



### Party committee: FylleCellen

This committee manages everything relating to section parties and social activities. It also holds its own Kravall (see Dictionary) in the spring. When you're bigger, in the third term, you can get involved with FylleCellen. Many of us Faddrar are in this committee.



## The Section

All LiU students can join the section for the program they're in. Do this ASAP, so you don't miss any of the cool benefits. The section's purpose is to represent the students in various issues, e.g. the program, spare-time activities and study trips. The section consists of a board and various committees. The board is selected once a year, and students from every year can run. It consists of a chairperson, vice chairperson, finance manager, treasurer, term representatives and the committee heads. The committees are open to everyone who wants to get involved in specific matters, such as program quality, IT, sports and PR. 'FylleCellen' is our committee for parties.

There are five more sections, apart from our own, at the Medical Faculty. Nollan will most likely interact with students belonging to these other sections during Nollan's time at LiU, especially during Nolle-P, therefore we think it's important Nollan knows who they are.



Medicinska föreningen. The section for the *Master of Science in Medicine program*. The med students are called 'läkarstudenter' in Swedish, and the program is often abbreviated to 'läk'. They will take care of Nollan if Nollan gets sick.



Sjuksköterskesektionen. The section for the *Bachelor of Science in Nursing program*. They are called 'sjuksköterskestudenter' in Swedish, and their program is abbreviated to 'SSK'. They will put bandages on Nollan if Nollan gets hurt.



BMA-sektionen. The section for the *Bachelor of Science in Biomedical Analysis program*. Their program is abbreviated to 'BMA'. They will analyze Nollan's blood if Nollan catches a flu.



Logopedsektionen. The section for the *Master of Science in Speech-Language Pathology program*. Speech-Language pathologists are called 'logopeder' in Swedish. They will teach Nollan how to pronounce all the Swedish words.



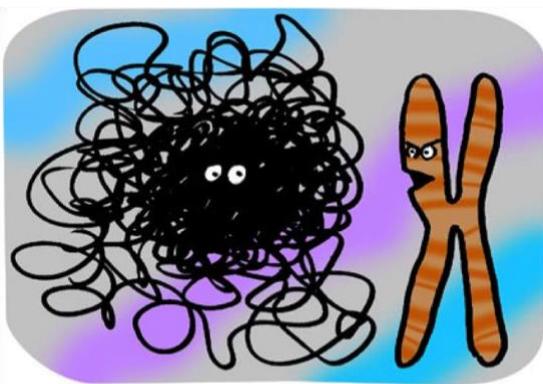
Fysioterapeutsektionen. The section for the *Bachelor of Science in Physiotherapy program*. Their program is abbreviated to 'FT'. They will help Nollan walk again if Nollan breaks a leg.

## FADDRAR AND FYLLECELLEN PARTY COMMITTEE

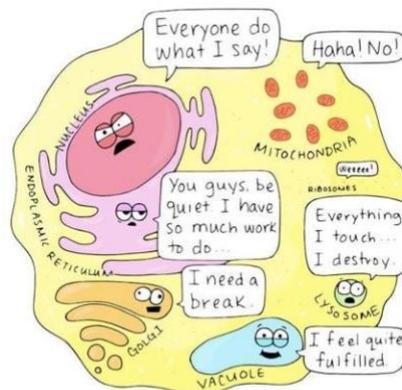
During Nolle-P, Faddrarna are third-term students. Their job is to help and guide Nollan. Faddrarna are only Faddrar during Nolle-P, but Nollan are always welcome to ask questions to their senior program colleagues, even after Nolle-P. Gammelfaddrarna were Faddrar when your Faddrar were Nollan.

### Party Committee

All Nollan should know that every program has a party committee, and BioMeds' is called FylleCellen. It's easy to recognize us, with our olive green overalls with red stripes and our black tail-coats. FylleCellen is something Nollan are going to like. We're the ones who organize section pre-parties and gückla for you and everyone else at sittningar. And we're the ones who arrange the sittningar. FylleCellen consists of students who are in their third term and who are Faddrar during NolleP. You're going to see a lot of us. If you feel that you like to sing, party and organize, you should consider being part of FylleCellen this spring, since the members are changed every year. But now you shouldn't be laying awake at night, thinking about all this. Just keep reading!



Dude, mitosis starts in five minutes...  
I can't believe you're not condensed yet.



If organelles could talk



**THE BEST CLUB FOR STUDENTS IN TOWN**

## NOLLAN'S FUTURE

As a Nollan you have two really fun weeks ahead. You're going to have lots to do. During your first week at the Faculty of Medicine and Health Sciences you're going to learn fundamental medical biology, before starting a chemistry course at Campus Valla. You'll also start working in base groups, of 6 to 8 Nollan. This allows you to share what you've read and to discuss new things in medical biology. It will be an exciting way for you to learn new things. **Don't forget to catch up on your chemistry before you start!** It will make your studies way easier. We wish we had gotten this tip when we were in your shoes, Nollan.

When you're finished with the chemistry course, you'll continue to study the basics of genetics and physiology. Some Nollan will find this easy, others will find they've got tons to do. And others will still think that PBL (Problem Based Learning) is weird. But don't worry. The first term usually goes well for most Nollan. Some might have to repeat an exam, but that's nothing to get all sad about.

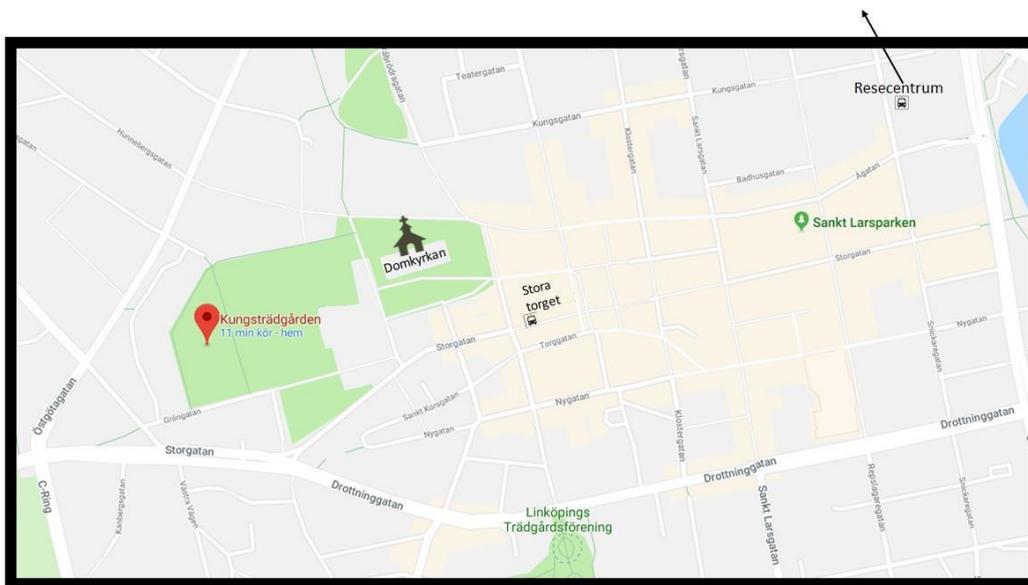
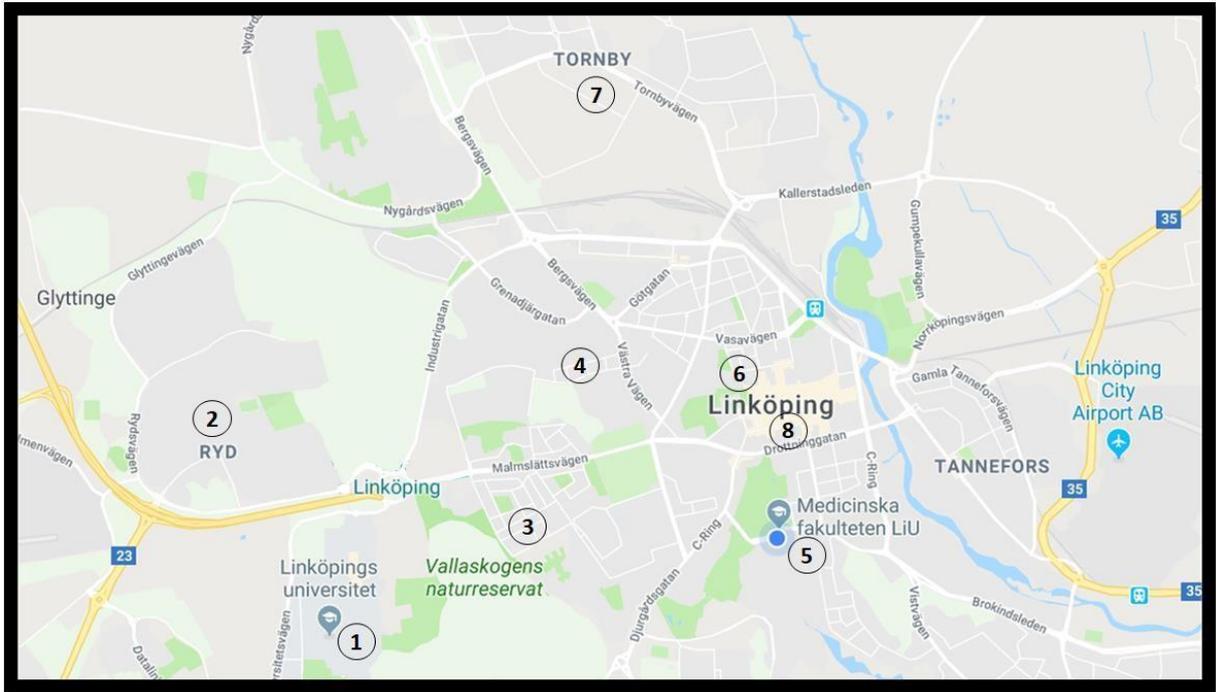
During the second term, Nollan will acquire knowledge about microbiology, but other interesting things like cell metabolism and developmental biology will also pop up. This includes everything from how the body regulates itself, how disturbances can lead to disease and how stem cells differentiate.



## MAP OF LINKAN

1. Campus Valla: Full of engineering, humanities, education and social science students. It's where you'll study chemistry during your first term. Kårallen is also here – that's where the 'kravall' events are held. Campushallen, a sports and fitness centre, is also here.
2. Ryd: Where lots of you will live. [hg], where you can drink beer, have a meal and meet friends, is here.
3. Irrblosset: Some of you Nollan will live here. It's close to both MedFak and Valla. Villevalla is here, where you can drink and socialize.
4. Flamman: You can live here too! It's close to town and MedFak. And it has a student pub, also called Flamman!
5. MedFak: Previously called HU (Hälsouniversitetet/Health University), it changed name to the Faculty of Medicine and Health Sciences a few years ago. You're going to spend a lot of time here.
6. Kårhuset Kollektivet: This place has also changed name. From Nationernas Hus (or NH) to Kollektivet. Here you can party, socialize and – especially during the day – study (which you can do at all student union buildings).
7. Tornby: There are tons of stores here: IKEA, ICA Maxi and other stores.
8. Wiktors Kläder: This is where students can buy their overalls. Address: Nygatan 29, between Trädgårdstorget and Hospitalstorget. More info later in this guide!





## OVERALLS

As Nollan, you're going to notice that all the Faddrar wear green overalls. You might wonder, what's that all about? Every section at LiU has different overalls, to show which section the students belong to. The students at Campus Valla have full overalls, while at MedFak we have bib overalls. At MedBi we have green ones. The overall is a very useful item, since Nollan, as a future term 1 student, will spend a lot of time at Kravaller. Kravaller are parties where everyone has an overall. Krav = Requirement, so Krav + Overall = Kravall. Kravall is also Swedish for a riot, which is sort of funny. The overall is also useful in situations where you want to show where you belong. Different parties have patches made from fabric that you can sew onto your overalls after you've been to the party. This is to show that you went and also as a memory for you.

There are some rules you must obey once you've got your overalls:

- The MedBi patch: The Medical Biology badge should be located by your heart. We suggest the left chest pocket.
- Consensus patch: Should be on the right side.
- LiU patch: This goes on the back, where the braces come together.
- Name: To help you remember your name after a few hours at a Kravall, you should find a suitable piece of fabric, cut out the letters in your name and sew them on your right trouser leg.

Now your overall is ready to use! When it's Kravall time, and you're buying your ticket, we suggest you also buy the accompanying patch. Sew the patch on your overall as follows: high up on the front if you enjoyed yourself, or on the back in the unlikely event that you didn't. When Nolle-P is over, Faddrarna will tell those of you who want to get your own overall where you can buy them (hint: at Wiktors kläder), how they can be dyed to the gorgeous olive green of the BioMeds, which patches you need and where they are sown on, and how you get your name on it. So don't you worry about that Nollan!



Experimental  
Biomedicine



Biomedical  
Analyst



Nurse



Physiotherapist



Speech Language  
Pathologist

## NOLLE-SIGN

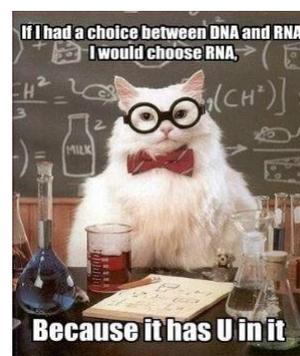
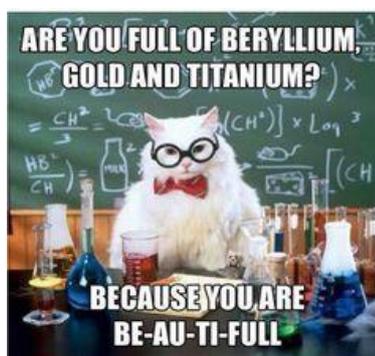
You might know your own name, but the other Nollan certainly don't. Hence you must manufacture and wear a nolle-sign. This is not something that only BioMeds Nollan do. Nollan from every program at LiU wear one. Your sign is to be handled with extreme care at all times – guarded with your life, should this be required. It is to be worn around your neck 24/7, which means all the time. If you are found not wearing your sign, there may well be some unpleasant consequences. Faddrarna are watching you!

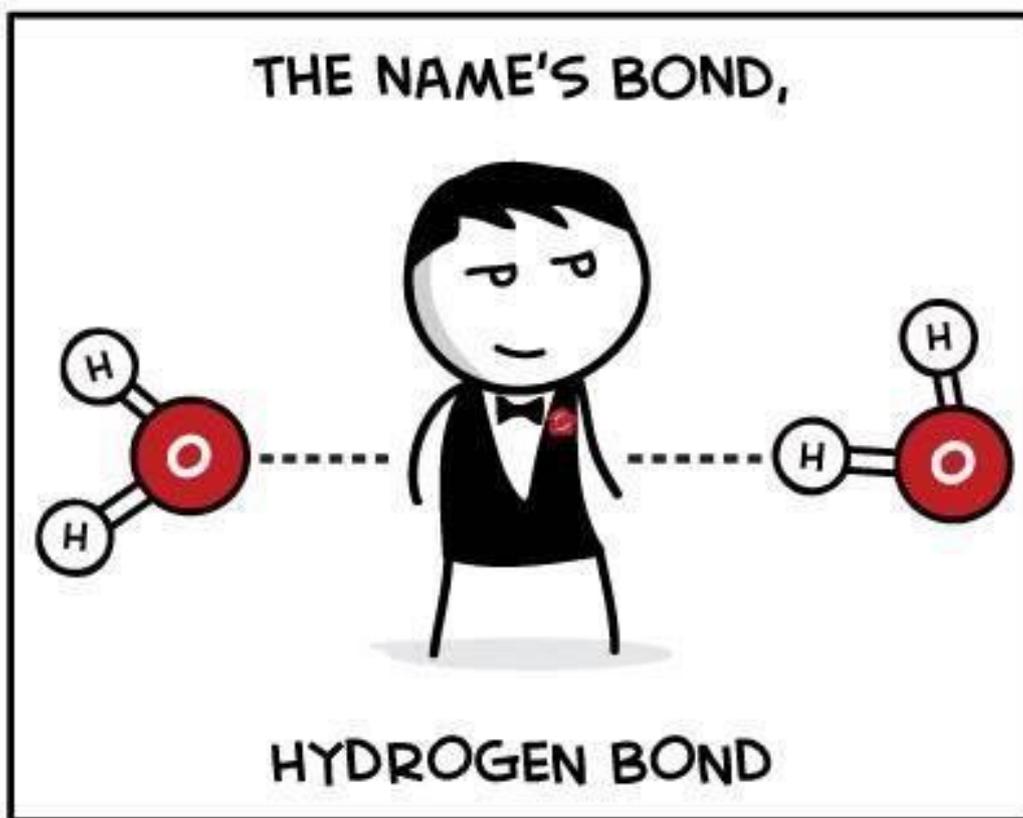
Of course, your sign can't have any random design. To avoid you getting more confused than you already are, here is a detailed description of how it should look:

- **Safety:** You must ensure that your nolle-sign is waterproof and fireproof for 5 seconds.
- **Shape:** Take a green material of your choice, and make it into a six-sided hexagon, with each side measuring 12.5 cm.
- **Text:** With a black pen, write very neatly: BioMed.', (Your name) and Nollan.
- **Decoration:** Centered on your sign, you should add a 3-dimensional double stranded DNA  $\alpha$ -helix with six random base pairs. Made from a material of your choice.
- **Cord:** So that you can wear your sign around your neck, attach a durable cord to it.
- **Facility:** You must tie one end of a 10-cm piece of cord to your sign, so the cord hangs freely. To this you will later attach something that makes noise. It's vital that Faddrarna can always hear you while on Campus.

Note! You must not forget that your sign must be waterproof, fireproof and make noise.

Good luck, Nollan!





## FADDRAR



AYSHA



ELIN



LINN



NATALIA



THALIA



MIHAI



MARIA



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JAILAN

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## THE YELLOW PAGES

### Study related

Linköpings Universitet	013-28 10 10	<a href="https://liu.se">https://liu.se</a>
LiU student page		<a href="https://www.student.liu.se">https://www.student.liu.se</a>
LiU map		<a href="https://liu.se/karta/?l=sv">https://liu.se/karta/?l=sv</a>
Schedule		<a href="https://se.timeedit.net/web/liu/db1/schema">https://se.timeedit.net/web/liu/db1/schema</a>
Student kitchen		<a href="https://www.student.liu.se/vid-sidan-av-studierna/ata-och-fika?l=sv">https://www.student.liu.se/vid-sidan-av-studierna/ata-och-fika?l=sv</a>
Student counselor		
• Daniel Antonsson	013-28 68 19	<a href="mailto:studievagledare.bio@medfak.se">studievagledare.bio@medfak.se</a>
Kårservice		<a href="http://karservice.se">http://karservice.se</a>
CSN		<a href="https://www.csn.se">https://www.csn.se</a>
The Section for Medical Biology		<a href="http://medbi.studorg.liu.se">http://medbi.studorg.liu.se</a>
Bokab at Campus Valla	013-28 10 69	<a href="http://www.bokab.net">http://www.bokab.net</a>

### Healthcare

Studenthälsan (Student Health)		<a href="https://www.student.liu.se/studentstod/studenthalsan?l=sv">https://www.student.liu.se/studentstod/studenthalsan?l=sv</a>
• Nurse at Valla	013-28 28 94	
• Psychotherapists at US	013-28 28 90	
• Health counselor	013-28 27 28	
Student Priest	070-348 28 70	<a href="https://www.kyrkanpauniversitetet.se">https://www.kyrkanpauniversitetet.se</a>
Region Östergötland	010-105 00 00	<a href="https://www.regionostergotland.se">https://www.regionostergotland.se</a>
1177 Vårdguiden	1177	<a href="https://www.1177.se/Ostergotland/">https://www.1177.se/Ostergotland/</a>
Health centers		<a href="https://www.1177.se/Ostergotland/Hitta-vard/?q=Vardcentral&amp;regions=5">https://www.1177.se/Ostergotland/Hitta- vard/?q=Vardcentral&amp;regions=5</a>
Dental centers		<a href="http://www.folktandvardenostergotland.se/hitta-din-klinik-boka-tid/vara-kliniker/">http://www.folktandvardenostergotland.se/hitta-din-klinik-boka- tid/vara-kliniker/</a>

### Accommodation

Studentbostäder	013-20 86 60	<a href="https://www.studentbostader.se/sv">https://www.studentbostader.se/sv</a>
Stångåstaden	013-20 85 00	<a href="https://www.stangastaden.se">https://www.stangastaden.se</a>
Private landlords		<a href="http://www.linkoping.se/hyresvardar">http://www.linkoping.se/hyresvardar</a>
Student pinboard		<a href="http://www.student.liu.se/anslagstavlan/">www.student.liu.se/anslagstavlan/</a>
Ads at local rag Corren		<a href="http://www.corren.se/bostad/">http://www.corren.se/bostad/</a>
Kombo		<a href="https://bostad.karservice.se">https://bostad.karservice.se</a>

### Entertainment

Flamman Pub & Disco		<a href="http://www.flamman.org">http://www.flamman.org</a>
Kårhuset Kollektivet, KK	013-28 67 70	<a href="http://www.karhusetkollektivet.se">http://www.karhusetkollektivet.se</a>
Kårhuset Kårallen		<a href="http://karallen.se">http://karallen.se</a>
Kårhuset Örat		<a href="http://orat.nu">http://orat.nu</a>
Ryds Herrgård, [Hg]		<a href="http://hg.se">http://hg.se</a>
VilleValla Pub		<a href="https://www.villevallapub.se">https://www.villevallapub.se</a>

### Other contact details

Public transport		<a href="https://www.ostgotatrafiken.se">https://www.ostgotatrafiken.se</a>
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## PRELIMINARY SCHEDULE

<b>Monday 19/8</b>	Welcoming and Games
<b>Tuesday 20/8</b>	Games during the day Sittning (banquet) on the evening
<b>Wednesday 21/8</b>	Amazing Race all over Linköping! After this day you will know the city and its surrounding by heart!
<b>Thursday 22/8</b>	Barbeque and Bowling
<b>Friday 23/8</b>	Introduction and Sign-up day. Nolle-olympics and Peas & Punch banquet with the Biomedical Analysts,
<b>Saturday 24/8</b>	Chill sports day with the entire Medical Faculty
<b>Sunday 25/8</b>	REST DAY
<b>Monday 26/8</b>	Tour of Campus Valla Kulvert orientation with the Physiotherapists and the Biomedical Analysts
<b>Tuesday 27/8</b>	Secret Evening
<b>Wednesday 28/8</b>	München Hoben
<b>Thursday 29/8</b>	Pub Crawl with the Master students
<b>Friday 30/8</b>	Activitys with Master Students
<b>Saturday 31/9</b>	FINAL-Banquet
<b>Sunday 1/9</b>	REST DAY